## **COVID-19 Volunteer Safety Information**

We want to start off with saying thank you for your willingness to volunteer during this time of need for many of Emmet County's residents. It is greatly appreciated! Please review the instructions listed below and if you have any questions or concerns please call Emmet County Public Health at 712-362-2490.

## \*\*IF AT ANYTIME DURING VOLUNTEERING YOU FEEL AS THOUGH YOU ARE EVEN SLIGHTLY ILL, PLEASE REFRAIN FROM OFFERING YOUR SERVICES!\*\*

If you answer 'yes' to any of these screening questions, please also refrain from offering services:

- Traveled outside of Iowa for business or vacation in the last 14 days
- Taken a cruise anywhere in the world in the last 14 days
- Live with someone who has symptoms of COVID-19 or has tested positive for COVID-19

If you at start to become ill with a fever or respiratory symptom (like cough for difficulty breathing), you need to stay home and isolate from other in your household until –

- You have had no fever for at least 72 hours (that is three full days of no fever without the use of medicine that reduces fever
  - \*AND\*
- Other symptoms have improved (when your cough or shortness of breath have improved)
  - \*AND\*
- At least 7 days have passed since your symptoms start first appeared.

<u>Times to wash (soap & water for at least 20 sec.) OR sanitize (sanitizer with at least 60% alcohol) hands:</u>

- Beginning of assignment
- After picking up payment method
- When getting back in car
- Prior to starting errand (also wipe down cart or carrying basket)
- After errand is completed
- After handing off requested goods to individual

Do not enter home of individual & maintain at least a 6 feet distance during interactions.

Drop requested items off at front door step, garage or another assigned area designated by individual.